

**Team Trophy 2025**

**Sunday 1st June 2025**

**Provisional Timetable**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Track** | |  | **Field** | | | |
| 10.00am | 10,000m Men (Championship only) | 7 |  |  |  |  |
| 11:00am | 10,000m, Women (Championship only) | 6 | Men’s and Womens Discus | 11/4 | Men’s Long Jump | 15 |
| 12.00am | 400mH Men | 5 |  |  |  |  |
| 12.10am | 400mH Women | 4 |  |  |  |  |
| 12.20am | 100m Men (4 heats) | 28 |  |  | Women’s High Jump | 9 |
| 12.30am | 100m Women (2 heats) | 14 |  |  |  |  |
| 12.40am | 800m Men (2 heats) | 21 |  |  |  |  |
| 12.55pm | 800m Women | 4 |  |  | Men’s Triple Jump | 12 |
| 1.20pm | 100m Women Hurdles | 5 |  |  |  |  |
| 1.30pm | 110m Hurdles Men | 3 |  |  |  |  |
| 1.40pm | 400m Women | 8 | Men’s Javelin | 12 | Women’s Shot Put | 7 |
| 1.50pm | 400m Men (3 heats) | 20 |  |  |  |  |
| 2.30pm | 3000m Men | 15 | Women’s Javelin | 8 | Men’s Shot Put | 11 |
| 2.50pm | 3000m Women | 6 |  |  |  |  |
| 3.10pm | 200m Men (3 heats) | 21 |  |  | Men’s High Jump | 10 |
| 3.20pm | 200m Women (3 heats | 17 |  |  |  |  |
| 3.40pm | 1500m Men | 21 | Men’s and Women’s Hammer | 10/4 | Women’s Triple Jump | 6 |
| 4.00pm | 1500m Women |  |  |  |  |  |
| 4.20pm | 4x100m Women | 6 |  |  | Women’s Long Jump | 9 |
| 4.30pm | 4x100m Men (Two heats) | 9 |  |  |  |  |
| 4.40pm | 4x400m Men | 7 |  |  |  |  |
| 4.50pm | 4x400m Women | 2 |  |  |  |  |